



# Gymnastics Club

*Proudly serving the community since  
1974*

[www.miltonspringers.ca](http://www.miltonspringers.ca)

Milton Sports Centre, 605 Santa Maria Blvd., P.O. Box 164, Milton, L9T 4N9

PH: 905-878-5030

*All coaches are specially trained and NCCP certified. Regardless of age or ability—we have a program for you!*



## RECREATION SESSION DATES:

**Fall Session 1 - Sept. 10 – Dec. 20, 2010 (14 weeks)**

Open Registration began July 15 & is ongoing

**Winter Session 2 - Jan. 3 – Mar. 13, 2011 (10 weeks)**

Open Registration begins 9 a.m. Fri. Nov 19

**Spring Session 3 - Mar. 21– Jun. 26, 2011 (12 weeks)**

Open Registration begins 9 a.m. Fri. Feb 14

**We are pleased to offer 2 methods of registering:**

1. Online using credit card.
2. In person or drop off using cash, cheque.

**LOYALTY PROGRAM:** We offer a loyalty pre-registration period prior to each of our sessions, allowing members of the current session a chance to pre-register prior to opening up to new members. Pre-Registration on-line requires a password. Please call the gym if you qualify.

**New Members:** Please take note of the above open registration dates. As a result of pre-registration periods, some classes may be full on open registration dates. Registrations dropped off at the gym do not receive priority but are entered when staff can process. Online registration provides immediate confirmation.

## Session Dates & Cost

Session Dates & Cost Rates do not include \$20 annual registration fee	Fall Session (14wks)	2 pymt plan post date: Apr 21/10	Winter Session (10wks)	2 pymt plan post date: Jan 28/11	Spring Session (12weeks)	2 pymt plan post date: Apr 21/11
Parent & Tot (all classes)	\$165.00	\$85.00	\$118.00	\$61.50	\$141.00	\$73.00
Tumble Bunnies	\$175.00	\$90.00	\$125.00	\$65.00	\$150.00	\$77.50
Kindergym (all classes)	\$183.00	\$94.00	\$131.00	\$68.00	\$157.00	\$81.00
Sr. Kindergym	\$218.00	\$111.50	\$156.00	\$80.50	\$187.00	\$96.00
Girls Rec	\$216.00	\$110.50	\$154.00	\$79.50	\$185.00	\$95.00
Trampoline	\$167.00	\$86.00	\$119.00	\$62.00	\$143.00	\$74.00
Tumbling	\$150.00	\$77.50	\$107.00	\$56.00	\$128.00	\$66.50
Leadership in Gymnastics	\$216.00	\$110.50	\$154.00	\$79.50	\$185.00	\$95.00
Open Gym (14yrs+)	\$161.00	\$83.00	\$115.00	\$60.00	\$138.00	\$71.50

Classes may be cancelled and/or changed during the season as necessary. Full details on registering are available on our website including class descriptions, session dates, registration deadline dates, payment plans, program discounts, and cancellation policies. Child must be age eligible for program within 30 days. Youth recreation classes are designed for children entering Gr. 1 and up.

**WE ALSO OFFER MARCH BREAK & SUMMER CAMPS!**



# Recreation Classes Weekly Schedule



Class descriptions can be found on our website: [www.miltonspringers.ca](http://www.miltonspringers.ca)

CLASS NAME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Tot Beginner age: 12 - 18 mth			9:05-9:50am				
Parent & Tot 1 age: 18mth-2 ½ yrs						8:45-9:30am	8:45-9:30am 9:30-10:15am
Parent & Tot 2 age: 2 ½ - 3 ½ yrs						9:30-10:15am	10:25-11:10am
Parent & Tot 1 & 2 age: 18mths-3 ½ yrs	9:50-10:35am 5:50-6:35pm	9:10-9:45am 6:00-6:45pm				10:15-11:00am	11:15-12:00pm
Tumble Bunnies age: 3yrs	9:05-9:50am 9:50-10:35am 5:05-5:50pm	9:00-9:45am	9:50-10:35am 5:15-6:00pm	10:50-11:35am	5:05-5:50pm 5:15-6:00pm	9:35-10:20am 10:25-11:10am 11:00-11:45am 11:15-12:00pm 11:25-12:10pm	8:55 - 9:40am 9:40-10:25am 9:50-10:35am 10:30-11:15am 10:45-11:30am 11:20-12:05pm
Kindergym 1 age: 3 ½ - 5yrs	10:40-11:40am 12:45-1:45pm 5:00-6:00pm 6:00-7:00pm	9:55-10:55am 11:00-12:00pm 5:15-6:15pm 6:15-7:15pm	10:45-11:45am 6:00-7:00pm 7:00-8:00pm	9:45-10:45am 5:05-6:05pm 6:05-7:05pm	5:15-6:15pm 5:50-6:50pm	9:00-10:00am 10:00-11:00am 11:00-12:00pm 11:45-12:45pm	8:50-9:50am 9:35-10:35am 9:45-10:45am 10:55-11:55am
Kindergym 2 age: 4 ½ - 6 yrs	1:45-2:45pm 6:35-7:35pm 6:45-7:45pm	10:55-11:55am 5:00-6:00pm 6:40-7:40pm	1:45-2:45pm 5:00-6:00pm	6:10-7:10pm	6:15-7:15pm 6:50-7:50pm	10:10-11:10am 11:15-12:15pm 12:15-1:15pm 12:30-1:30pm	9:45-10:45am 12:00-1:00pm 12:30-1:30pm
Kindergym All Ages age: 3 ½ - 5 years		1:30-2:30pm	12:45-1:45pm	1:00-2:00pm 4:30-5:30pm			
Sr. Kindergym age 5-6yrs	1:00-2:30pm	1:00-2:30pm	5:05-6:35pm 6:00-7:30pm	9:15-10:45am 5:05-6:35pm		9:15-10:45am 10:45-12:15pm 12:00-1:30pm 1:30-3:00pm	10:40-12:10pm 10:45-12:15pm
Recreation 1 age: 6-8yrs	5:00-6:30pm 6:30-8:00pm	5:05-6:35pm 5:30-7:00pm		5:15-6:45pm			
Recreation 1/2 age: 6-11 yrs	5:15-6:45pm		5:05-6:35pm 6:35-8:05pm	5:30-7:00pm 7:00-8:30pm			
Recreation 2 age: 9-11yrs			7:00-8:30pm	6:45-8:15pm			
Recreation 2/3 age: 9-13yrs		6:45-8:15pm 7:00-8:30pm					
Recreation 3 age: 12-13yrs				7:05-8:35pm			
Recreation: All ages age: 6-12yrs				6:35-8:05pm		1:30-3:00pm	12:30-2:00pm
Boys Recreation 1 age: 6-8yrs			5:30-7:00pm				12:30-2:00pm
Leadership in Gymnastics age 12-14yrs			7:30-9:00pm				
Open Gym (14+)		7:00-8:30pm		7:00-8:30pm			
Trampoline age: 8+	5:15-6:15pm 6:15-7:15pm	5:00-6:00pm 6:00-7:00pm 7:00-8:00pm				9:00-10:00am 10:00-11:00am 11:00-12:00pm	
Advanced Trampoline ages: 8+	7:15-8:15pm						
Tumbling age: 7+						11:00-12:00pm 12:05-1:050pm	
Advanced Tumbling				7:15-8:15pm			

## Interested in joining Competitive Gymnastics?



The Milton Springers have opportunities available to get involved in competitive gymnastics at a variety of skill levels. Please call for details & an evaluation:

Evaluation Night: Thurs. Aug. 19: 6:30-7:30pm

## Specialized Gym Classes

- ☆ Having a Birthday Party?
- ☆ Belong to a Group?

Reserve the Gym Sunday afternoons for 2 hrs of gymnastic fun geared specifically to your group. \$150 (12 Children) Call for details.



*Gymnastics: The foundation of all sports—developing strength, flexibility, balance & coordination. Why not try it ?*